

# **MANSAROVAR AYURVEDIC MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, BHOPAL**

## **DEPARTMENT OF SHALAKYA TANTRA**

### **INTRODUCTION-**

Ayurveda is an ancient Indian science which is based on herbal medicine. The Shalakya Tantra is the one important branch of this science dealing with the diseases situated above the clavicle concerned with the disorders of Eye, Ear, Nose, Throat, Oral cavity, Head and Neck. Since the specialty deals with small, narrow and sense organs of the body, it requires many specialized instruments, equipments for various ailments.

The Department of Shalakya Tantra is housed in our academic block with 3 Chambers for faculties, along with seminar cum lecture hall. The department has a reference library with more than 50 important books of the shalakya tantra. Our department has well equipped OPD & IPD facility & separate Kriyakalpa room for various procedure to Eyes, Ears, Nose etc.

### **VISION-**

- Our vision to treat various types of Eye and ENT related diseases and to be one of the most respected Ayurvedic treatment centres in Shalakya Tantra.
- To emphasize quality and value based education to obtain optimum skill in the field of Shalakya Tantra.
- To treat the millions suffering from eye ailments and gift them the blessing of vision by adhering to the traditional treatment and ethical values.
- To adhere to our authentic processes as stipulated in the ancient texts with utmost sincerity, responsibility and loyalty.

## **FACILITY-**

- Department have proper OPD&IPD facility for the treatment & students training.
- Special Ayurveda treatment for specific Eye diseases like Refractive Errors, Amblyopia, Conjunctivitis, Blepharitis, Chalazion, Macular degeneration & Retinal Vascular diseases is available in Department.
- 30 beds Shalakya IPD facility is available in hospital with well trained Doctors.
- Kriyakalpa Procedures like Netratarpan, Aschyotan, Anjan, Putpaka, Pindi, Vidalaka, Parisheka, Karnadhoopana, Karnapoorana, Karnaprakshalan, Karnapramarjan, Shiroabhyanga, Shirodhara, Shirolepa, Nasya, Kawal-Gandoosh, Danta pichu, Pratisaran, Dhoompan, Raktamokshana etc are very useful in treating acute & chronic diseases of Shalakya Tantra.
- The department having many educational models, charts & specimens to simplify the concepts of Ophthalmology, Otolaryngology & Oro-Dentistry.
- We have special “EYE CLINIC” & working for various ailments & vision improvement of eyes.

## **TEAM OF SHALAKYA TANTRA**

<b>S. NO.</b>	<b>TEACHING STAFF</b>	<b>DESIGNATION</b>
1	Dr. Arunima Namdeo	HOD & Professor
2	Dr. Prabhu Dadabhau Jathar	Professor
3	Dr. Shubhangi Lohakare	Associate Professor
4	Dr. Rajendra Singh Patel	Assistant Professor
5	Dr. Jagruti Richhariya	Assistant Professor

Name of Teacher	<b>Arunima Namdeo</b>
Department	SHALAKYA TANTRA
Teacher Code	AYSK00524
Father's Name	Ayodhya prasad namdeo
Date of Birth	21/09/1981
Age (In Years)	41
Registration No.	48683
Qualification	MS
Designation	Professor
Experience (In Year's)	12
Email ID	arunimasyadav@gmail.com
BAMS Passing Year	2003
Name of University	Ranidurgavati university Jabalpur
PG Passing Year	2010
Name of University	Maharasta university of health sciences Nashik29
Date wise detail of Experience in Chronological order (1st Appointment to Till Date) (Duration, Designation, Name of College, Department/ Subject)	29/07/2010-29/10/2015 As assistant professor, Rajive gandhi Ayurvedic college Bhopal 30/10/2015-06/10/217 As Associate Professor at Pt. Shivshakti Lal sharma Ayurvedic college Ratlam 07/10/2017-31/10/2020 As Associate Professor at Mansarovar ayurvedic Medical College and research center bhopal 1/11/2020 to till date Professor at Mansarovar ayurvedic Medical College and research center bhopal M.P.
Total No. of Paper Published	2role ndrome in 2009 Role of HFRT in prevention of CHF at 2022 may



Webinar Attend	Yes
Total No. of Seminar Attended	2
CME Detail	Yes
Conference/ Workshops Detail	At govt ayurvedic college nagpur
Resource Person/ Invited as a Speaker	At bramhakumari centre
Details of Member of Different Council/ Board/ Committee	Railway board member
Guide of PG Scholars	Yes
Co-Guide of PG Scholars	No

Name of Teacher **Dr. Prabhu Dadabhau Jathar**

Department SHALAKYA TANTRA

Teacher Code AYSK00156

Father's Name Mr. Dadabhau Limbaji Jathar

Date of Birth 01/06/1966

Age (In Years) 56 yrs

Registration No. 59535 MP

Qualification MS

Designation Professor

Additional Qualification D.O., Ph.D.(Shalakyatantra )

Experience (In Year's) 18 yrs

Email ID jatharprabhu@gmail.com

BAMS Passing Year 1991

Name of University University of Pune

PG Passing Year 2005

Name of University University of Pune

Date wise detail of  
Experience in Chronological  
order (1st Appointment to  
Till Date) (Duration,  
Designation, Name of  
College, Department/  
Subject)

Previous Experience Details  
Date of initial appointment:  
07/Apr/2006

1)Dr.DY Patil College of Ayurved and Research  
Centre, Pimpri, Pune  
Assistant Professor/Lecturer  
07/Apr/2006 to 31/Aug/2007

2)Bhartiya Sanskriti Darshan Trust Ayurved  
Mahavidyalaya, Pune (Maharashtra)  
Shalaky Tantra  
01/Sep/2007 to 14/Apr/2011



3) Bhartiya Sanskriti Darshan Trust Ayurved  
Mahavidyalaya Pune, Maharashtra  
Associate Professor/Reader  
Shalakya Tantra  
15/Apr/2011 to 02/Nov/2017

4) Mansarovar Ayurvedic Medical College Bhopal  
Madhya Pradesh  
Shalakya Tantra  
Professor  
03/Nov/2017 to 01/Jul/2020

5) Glocal College of Ayurvedic Medical Science  
Saharanpur Uttar Pradesh  
Shalakya Tantra  
Professor  
04/Jul/2020 to 18/May/2021

6) SCPM AYURVEDIC MEDICAL COLLEGE AND  
HOSPITAL  
Gonda, Uttar Pradesh  
Shalakya Tantra  
Professor  
19/May/2021 to 07/Sep/2021

7) Mansarovar Ayurvedic Medical  
College, Bhopal, Madhya Pradesh  
Shalakya Tantra  
Professor  
28/Sep/2021 to Till Date  
Contractual

Nature of Present  
Appointment

Webinar Attend Many

Total No. of Seminar  
Attended Many

CME Detail Many

Conference/ Workshops  
Detail Many

Re-orientation Training  
Programme (ROTP) Detail 1

Details of Member of  
Different Council/ Board/  
Committee NIMA

Guide of PG Scholars 1

Name of Teacher **Dr. Shubhangi Ramesh Lohakare**

Department SHALAKYA TANTRA

Teacher Code AYSK00604

Father's Name Mr. Ramesh Lohakare

Date of Birth 18/04/1984

Age (In Years) 39 years

Registration No. 59484

Qualification MS

Designation Associate Professor

Experience (In Year's) 10 years

Email ID shindeshubh84@gmail.com

BAMS Passing Year 2005

Name of University M.UH.S. Nashik

PG Passing Year 2010

Name of University M.UH.S. Nashik

Date wise detail of Experience in Chronological order (1st Appointment to Till Date) (Duration, Designation, Name of College, Department/ Subject)

College name. K.R.Pandav Ayurved college.Nagpur. Assistant professor. 23/12/2010 to. 30/05/2011. Dept.Shalakya Tantra.

College name. Shri ayurved college. Nagpur. Assistant professor 1/07/2012 to 30/09/2012.Dept Shalakya Tantra.

College name. Shri ayurved college Nagpur. 13/12/2012 to 05/02/2019. Assistant professor.

College name. Jayoti vidyapeeth. Jaipur. Associate professor 06/02/2019 to 21/06/2021. Dept.Shalakya Tantra

College name. Mansarovar ayurved medical College. Bhopal. Associate professor. 07/07/2021. Till date. Dept Shalakya Tantra.



Total No. of Presentation 1

Presentation Details (Name of Seminar, Title of Presentation, Place, Date-Year) International seminar on recent advances in Herbal medicine. Title . Effect of vasadi kwath in management of Timir w.s.r to Diabetic retinopathy. Place . Shri ayurved college Nagpur.. Date 11 and 12. Oct. 2014.

Webinar Attend 10

Total No. of Seminar Attended 5

CME Detail 2. CME shalakya Tantra. R T Ayurved Mahavidyalaya. Akola.Date . 25/02/2015 to 02/03/2015 . CME shalakya Tantra. Pt Khushilal Sharma ayurved college. Bhopal. 21/08/2022 to 25/08/2022

Conference/ Workshops Detail 6



Name of Teacher	<b>Dr. Rajendra Singh Patel</b>
Department	SHALAKYA TANTRA
Teacher Code	AYSK00216
Father's Name	Mr. Takhat Singh Patel
Date of Birth	17/09/1987
Age (In Years)	35
Registration No.	MP -58075
Qualification	MS
Designation	Assistant Professor
Experience (In Year's)	4.3
Email ID	dr.rspatel17@gmail.com
BAMS Passing Year	2010
Name of University	PT RSU RAIPUR CG
PG Passing Year	2018
Name of University	MUHS NASHIK
Date wise detail of Experience in Chronological order (1st Appointment to Till Date) (Duration, Designation, Name of College, Department/ Subject)	07/02/2019 TO 18/06/2020, ASSISTANT PROFESSOR, RGAC BHOPAL, SHALAKYA TANTRA, 01/07/2020 TO TILL DATE, ASSISTANT PROFESSOR, MAMC BHOPAL, SHALAKYA TANTRA
Total No. of Paper Published	06
Detail of Publication (Title, Name of Journal, Vol., Page No., Month-Year)	13
Total No. of Presentation	22
Presentation Details (Name of Seminar, Title of Presentation, Place, Date-Year)	26
Webinar Attend	01



Total No. of Seminar Attended	13
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CME Detail	00
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Conference/ Workshops Detail	02
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Re-orientation Training Programme (ROTP) Detail	06
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Resource Person/ Invited as a Speaker	04
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Name of Teacher	<b>Dr Jagruti Richhariya</b>
Department	SHALAKYA TANTRA
Teacher Code	AYSK00935
Father's Name	Chandrakant Richhariya
Date of Birth	29 -11-1992
Age (In Years)	31
Registration No.	55580
Qualification	MS
Designation	Assistant Professor
Additional Qualification	CRAV in kayachikitsa (2017)
Experience (In Year's)	1.08 years
Email ID	j.richhariya29@gmail.com
BAMS Passing Year	2014
Name of University	vikram university
PG Passing Year	2021
Name of University	parul university
Date wise detail of Experience in Chronological order (1st Appointment to Till Date) (Duration, Designation, Name of College, Department/ Subject)	13-09-2021 to till date Assistant Professor Mansarovar Ayurvedic Medical College hospital and research center bhopal Department Of shalakya Tantra Shalakya tantra 04
Total No. of Paper Published	
Detail of Publication (Title, Name of Journal, Vol., Page No., Month-Year)	1. A review on mode of action of nasya karma, EJPMR journal, volume 08, issue no 23943211 march 2021 2. Litratue review on eye exercise and yogic kriya for prevention of eye fatigue EJPMR journal, volume 08, july 2021 3. Management of nimesha through ayurveda a case study, journal GJRA, volume 10, august 2021 4. Role of anupana in drug an unique concept of ayurveda, EJPMR journal volume. 09, april 2022
Total No. of Presentation	06



Presentation Details (Name of Seminar, Title of Presentation, Place, Date-Year)	<p>1. International seminar in kanchan hira ayurvedic hospital and cancer research center, title- ayurvedic treatment of leucoplakia, place- gujrat- 1 dec 2019</p> <p>2. International seminar organised by TAS, title- effects of enviroment pollution on eye, place- tilak ayurveda mahavidhyalay pune- 27,28,29 dec 2019</p> <p>3. National webinar on stanyaamrutam- title- xerophthalmia- parul university vadodara gujrat, 4-6 nov 2020</p> <p>4. National seminar samyojanam, title- an Ayurvedic management on oral submucous fibrosis- ravindra bhawan bhopal, date- 22 april 2022</p> <p>5. International seminar in ashtang ayurveda college- title basic principal of kriyakalpa- date- december 2022</p> <p>6. - On Topic “Teaching and Learning Methods of Shalakya Tantra” in National Seminar Of Shalakya Tantra “ShalakyaSambhashanam 2023”</p>
Webinar Attend	13
Total No. of Seminar Attended	15
CME Detail	Attended CME for teachers of shalakya tantra in all.india institute of ayurveda from 21 november 2022 to 26 november 2022 organised by RAV
Resource Person/ Invited as a Speaker	<p>1. Invited as guest speaker in webinar organised by department of shalakya tantra, parul institute of Ayurveda and research, vadodara gujrat ( date- 18 january 2023)</p> <p>2. Guest speaker- IN UG WEBINAR SERIES, organized by department of shalakya tantra, faculty of ayurveda, parul university, Vadodara Gujrat (18 january 2023)</p> <p>3. Guest speaker- in deeksharambha 2023-24, on topic institutional officials and their roles in the hierarchy</p>
Co-Guide of PG Scholars	Yes -05

## GALLERY



Figure 1. OPHTHALMIC OPD



Figure 2. DEPARTMENTAL LIBRARY



Dental Examination



Auto Refractometry Examination



Slit Lamp Eye Examination



## Clinical Class



EYE CLINIC

# प्रजातंत्र

इन्दौर, रविवार  
03 जनवरी 2021

## माइग्रेन रोग का है आयुर्वेद में पूर्ण उपचार



**मानसरोवर आयुर्वेदिक चिकित्सा महाविद्यालय में हुआ सेमिनार**  
ब्यूरो | भोपाल

मानसरोवर आयुर्वेदिक चिकित्सा महाविद्यालय में आज की ज्वलंत समस्या 'माइग्रेन' पर सेमिनार का आयोजन किया गया। सेमिनार का शुभारंभ करते हुए महाविद्यालय के प्राचार्य डॉ. अनुराग सिंह राजपूत ने बताया कि एक सर्वेक्षण के अनुसार सरदर्द के रोगियों में लगभग 25 प्रतिशत रोगी माइग्रेन के होते हैं। डॉ. राजपूत ने बताया कि माइग्रेन के अनुसार इस रोग को चालक बीमारियों में 6वें स्थान पर रखा है। उन्होंने बताया कि मानसरोवर आयुर्वेद महाविद्यालय में माइग्रेन क्लिनिक की स्थापना की गई है, जिसमें औषधियों के साथ पंचकर्म चिकित्सा से माइग्रेन रोगियों का पूर्ण उपचार हो रहा है।

प्रस्तुतिकरण शालाक्य तंत्र विभाग के प्रशिक्षु चिकित्सकों द्वारा किया गया, जिसमें माइग्रेन रोग के कारण, ट्रिगर फैक्टर, पैथोजिनेसिस प्रकार, लक्षणों एवं चिकित्सा पर विशेष व्याख्यान दिया गया। शालाक्य विभाग के प्रो. डॉ. प्रमोद चौधरी ने एंसिडिटी को

इस रोग का मुख्य कारण बताया। उन्होंने कहा कि माइग्रेन रोगियों को उपचार से पूरी तरह लाभ मिल रहा है। वहीं, इस विभाग के व्याख्याता डॉ. राजेंद्र सिंह पटेल ने माइग्रेन के तात्कालिक लक्षणों की चिकित्सा को समझाया। महाविद्यालय के वरिष्ठ प्रोफेसर डॉ. सीपी शर्मा ने माइग्रेन के आयुर्वेदिक पहलुओं को बताते हुए अपने चिकित्सकीय अनुभव साझा किए। साथ ही रचना शरीर विभाग के विभागाध्यक्ष प्रोफेसर डॉ. अशोक गुप्ता ने माइग्रेन रोग के कारण मस्तिष्क एवं तंत्रिका तंत्र पर होने वाले दुष्प्रभावों का वर्णन किया। स्त्री रोग विशेषज्ञ डॉ. सुचेता राय ने कहा कि महिलाओं में यह रोग पुरुषों की तुलना में ज्यादा होता है, जिसका मुख्य कारण उनके शरीर में होने वाले हार्मोनल परिवर्तन होता है। महाविद्यालय की डीन एकेडमिक डॉ. मनीषा राठी ने माइग्रेन रोग की चिकित्सा में उपयोग होने वाली रसोषधियों से अवगत कराया। कार्यक्रम के अंत में मानसरोवर ग्रुप ऑफ इंस्टीट्यूशन्स के सीईडी इंजी. गौरव तिवारी ने इस कार्यक्रम की सहायता करते हुए सभी को शुभकामनाएं दीं। कार्यक्रम का संचालन डॉ. श्रुति सिंह ने किया।

MEDIA



2021/09/01 16:02

INSTRUMENTS DEMONSTRATION





DEPARTMENTAL SEMINAR