

MANSAROVAR AYURVEDIC MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE, BHOPAL (M.P.)

DEPARTMENT OF KRIYA SHARIR

INTRODUCTION

Kriya Sharir is the domain of Ayurveda associated with the study of all the physiological processes occurring in the human body. The department also deals with physiology and biochemistry in modern science.

The Dosha, Dhātu, Mala and Agni are the fundamental pillars on which the health of an individual thrives. The psychological and spiritual aspect of health is explored in the viewpoint of Atma, Mana and Indriya. Prakriti (Body constitutions) is a unique concept of Ayurveda that influences the overall physical and psychological framework of an individual. The overview of Aahara gives a glimpse into the dietetics in Ayurveda. In Kriya Sharir, these principles of Ayurved science are studied in the light of modern physiology using scientific methods to substantiate the relevance of principles of Ayurveda in contemporary times and for easy understanding of students.

VISION

The study of Kriya Sharir builds the foundation for the understanding of the etiology, pathogenesis, treatment as well as prevention of diseases from Ayurvedic perspective. Department of Kriya Sharir strives to provide the students with an academic foundation that will enable them to excel in academia as well as in clinical practice. The vision of the Department of Kriya Sharir is to motivate students to develop, demonstrate, articulate and value knowledge and skills associated with Ayurveda in conjunction with modern physiology and biochemistry.


FACILITIES

- The departmental library is well maintained with relevant books for comprehensive learning.
- The departmental laboratory is fully equipped with all the equipment and instruments as per the CCIM norms.
- Different tests viz. estimation of Hb, RBC Count, TLC, DLC, Bleeding time, Clotting time, Blood group, etc. are performed.
- The apparatus like ECG, colorimeter, centrifugal machine, pH meter, etc. are maintained for demonstrations.

- Various Charts showcasing topics of Ayurveda and modern physiology are displayed for the structured overview of the subject.
- Models of various systems and organs for better visualization of physiological processes.
- Many Specimens to understand normal physiology and histology.

TEAM OF KRIYA SHARIR DEPARTMENT

S. N.	Name of Faculty/Staff	Designation
1	Dr. Abhilasha Agrawal	Professor & Head
2	Dr. Bhanupriya Singh	Associate Professor
3	Dr. Ritunanda Tripathi	Assistant Professor

1.	Name of the Teacher	Dr. ABHILASHA AGRAWAL				
2.	Teacher's code	AYKS00109				
3.	Date of Birth (dd /mm/yyyy)	15/Mar/1975				
4.	UG Qualification	Name of Degree	B.A.M.S.			
		Passing Year	1998			
		University	Nagpur University, Nagpur			
5.	PG Qualification	Name of Specialty	M.D. (KRIYA SHARIR)			
		Passing Year	2004			
		University	Nagpur University, Nagpur			
6.	Post wise details of Experience in chronological order from the date of initial appointment	Duration		Department (Subject)	Designation	Name of the college
		From date (dd/mm/yyyy)	To date (dd/mm/yyyy)			
		02/Aug/2010	02/Aug/2015	Kriya Sharir	Assistant Professor/Lecturer	Rani Dullaiya Smriti Ayurved P.G.College & Hospital
		03/Aug/2015	05/May/2017	Kriya Sharir	Associate Professor/Reader	Rani Dullaiya Smriti Ayurved P.G.College & Hospital
		20/May/2017	16/Jan/2019	Kriya Sharir	Associate Professor/Reader	Parashar Ayurvedic Medical College
		25/Jan/2019	10/Oct/2019	Kriya Sharir	Associate Professor/Reader	Rani Dullaiya Smriti Ayurved P.G.College & Hospital
		11/Oct/2019	26/Aug/2020	Kriya Sharir	Associate Professor/Reader	Rani Dullaiya Smriti Ayurved P.G.College & Hospital
		27/Aug/2020	19/Oct/2020	Kriya Sharir	Professor	Rani Dullaiya Smriti Ayurved P.G.College & Hospital
		20/Oct/2020	14/Sep/2023	Kriya Sharir	Professor	Rani Dullaiya Smriti Ayurved P.G.College & Hospital
		15/Sep/2023	Till date	Kriya Sharir	Professor	Mansarovar Ayurvedic Medical College Hospital & Research Center, Bhopal (M.P.)
		7.	Presently working Department	Kriya Sharir		
8.	Present Designation	Professor				
9.	State Board / Council Registration details	Registration Number	54931			
		Name of State Board	Madhya Pradesh Ayurvedic Tatha Unani Chikitsa Padhati Avum Prakritik Chikitsa Board Bhopal (M.P.)			

Research activity:**(a). Publication Details**


Sr. No.	Main Author	Original/ Review Article/ Case Report	Title	Name of Journal, Volume, Date of Publication/Acceptance	Indexing (pub med , Scopus Web of Science and UGC)
1	1. Dr. Deepali Giri 2. Dr. Priti Desai 3. Dr. Abhilasha Agrawal	Review article	Relation Between Prakriti and Stress Handling Capacity: An Observational Study	International Journal of Current Research and Review ISSN: 0975-5241 (Online) Vol 12 • Issue 15 • Aug. 2020	Scopus

(B.) Paper presentations: 03

Sl.No	Name	Subject	Venue	Year of presentation
1	Dr. Abhilasha Agrawal	Nutraceuticals in the orbit of Ayrved W.S.R to Vardhman, Pipali rasayan	Pt.Khushilal Sharma Govt. (Autonomus) College,"Nutricon2018"	2018
2	Dr. Abhilasha Agrawal	Mind &Auto immunity	SAM College Bhopal" Manoyagya -2023"	2023
3	Dr. Abhilasha Agrawal	Significance of five form of Vaat on mental health	LNCT College "Rogvinishchayam 2023"	2023

c. Seminars attended: 05

d. Co-Guide: for Kaumar Bhritya P.G Scholer Dr.Rajeev Sharma for the topic "Study the efficiency of Mustakadi Avleh in the Management of Pratishaya W.S.R to URTI"

Name of Teacher	Dr. Bhanupriya Singh	
Department	KRIYA SHARIR	
Teacher Code	AYKS00181	
Father's Name	Bhargvendra Singh	
Date of Birth	25/12/853	
Age (In Years)	37	
Registration No.	51624	
Qualification	MD	
Designation	Associate Professor	
Experience (In Year's)	7.5	
Email ID	bhanupriya10000@gmail.coml	
BAMS Passing Year	2009	
Name of University	Awdhesh Pratap Singh University rewa m.p	
PG Passing Year	2015	
Name of University	Maharashtra University of health science nasik	
Date wise detail of Experience in Chronological order (1st Appointment to Till Date) (Duration, Designation, Name of College, Department/ Subject)	1. 16/11/2015 to 18/11/2020 Assistant professor Dr Krishna gopal diwedi ayurveda medical College sarmau Jhansi u.p kriya sharir department 2. 19/11/2020 to 16/11/2022 Associate professor Sri Sai institute of ayurveda research and medicine Bhopal Madhya Pradesh kriya sharir department. 3.17/6/2022 to 27/3/2023 Associate professor Faculty of Ayurveda Mansarovar global University sehore M.P kriya sharir department 4. 28/3/2023 to till date Associate professor Mansarovar Ayurvedic medical College Bhopal Madhya Pradesh kriya sharir department.	
Total No. of Paper Published	3	
Detail of Publication (Title, Name of Journal, Vol., Page No., Month-Year)	1. To evaluate the effect of lekhan basti and medohar guggul in metabolic disorder obesity . Punarnav an international peer reviewed ayurveda journal ISSN 2348-1846 volume 2 issue 5 month September October 2014. 2. Computer vision syndrome in ayurvedic prospective: A literary review. Punarnav an international peer reviewed ayurveda journal ISSN 2348-1846 Volume 3 issue 3 month September October 2015. 3. Review article Study of the role of Agni in medovruddhi with special reference to metabolic disorder hyperlipidemia . Ayurveda Darpan journal of Indian medicine ADJIM Volume 5, issue 3 month July September 2020.	
Total No. of Presentation	4	

Presentation Details (Name of Seminar, Title of Presentation, Place, Date-Year)	<p>1.National seminar on scope of Ayurveda in management of metabolic and Lifestyle disorder in present perspective. Title A clinical study of lekhan basti and medohar guggul in metabolic disorder obesity. Government ayurvedic College and hospital attara banda u.p 16 to 17 March 2013 .</p> <p>2. National conference on recent advancement in panchkarma 2013. Title A clinical trail of giloya avapeedan nasya and giloya churna on Allergic rhinitis. Rishikul govt Ayurvedic College haridwar uttarakhand 18 to 20 oct 2013.</p> <p>3 . National seminar and workshop on how to live longer and younger by ayurveda, yoga and naturopathy. Title Dantya Rasayan. Dr . D. Y Patil college of ayurved and research institute Nerul Navi Mumbai Maharashtra 18 Jan 2014.</p> <p>4. Manthanam 2018 Title To study the role of Agni in medovruddhi with special reference to metabolic disorder hyperlipidemia.25 December 2018.</p>
Webinar Attend	8
Total No. of Seminar Attended	7
Awards	Ayurvisaradh award

Name of Teacher **Dr. Ritunanda Tripathi**

Department KRIYA SHARIR

Teacher Code AYKS00856

Father's Name Mahendra Kumar Mishra

Date of Birth 25/01/1983

Age (In Years) 40

Registration No. 49385

Qualification MD

Designation Assistant Professor

Additional Qualification MBA in HCS

Experience (In Year's) 2

Email ID ritunanda.tripathi@gmail.com

BAMS Passing Year 2005

Name of University APS University Rewa (M.P.)

PG Passing Year 2021

Name of University MPMSU, BHOPAL

Date wise detail of Experience in Chronological order (1st Appointment to Till Date) 25/03/2021 to till date, Assistant Professor, ayurveda medical college Bhopal ,kriya Sharir

(Duration, Designation, Name of College, Department/ Subject)

one

Total No. of Paper Published

Detail of Publication (Title, Name of Journal, Vol., Page No., Month-Year)

International Journal of Research in Medical Sciences and Technology
<http://www.ijrmst.com>
(IJRMST) 2019, Vol. No. 8, Jul-Dec e-ISSN: 2455-5134, p-ISSN: 2455-9059
300-306
ROLE OF PROBIOTICS IN HEALTHY SKIN
WITH REFERENCE TO GUT SKIN AXIS

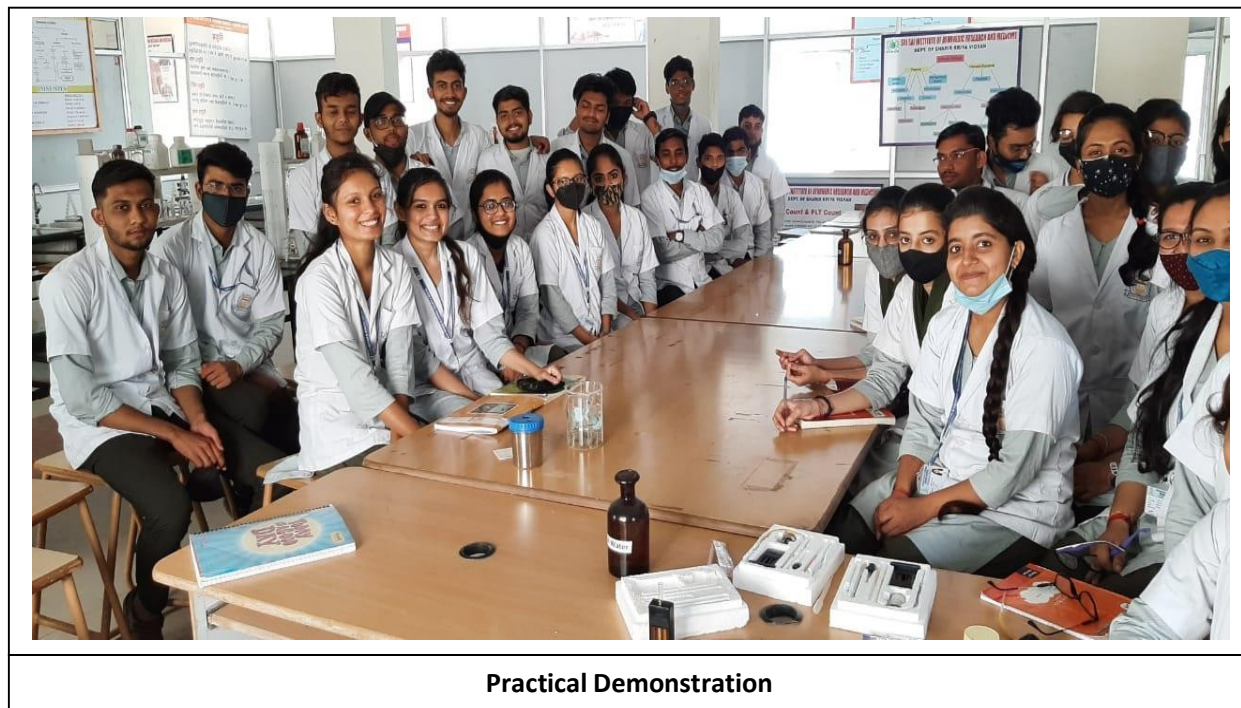
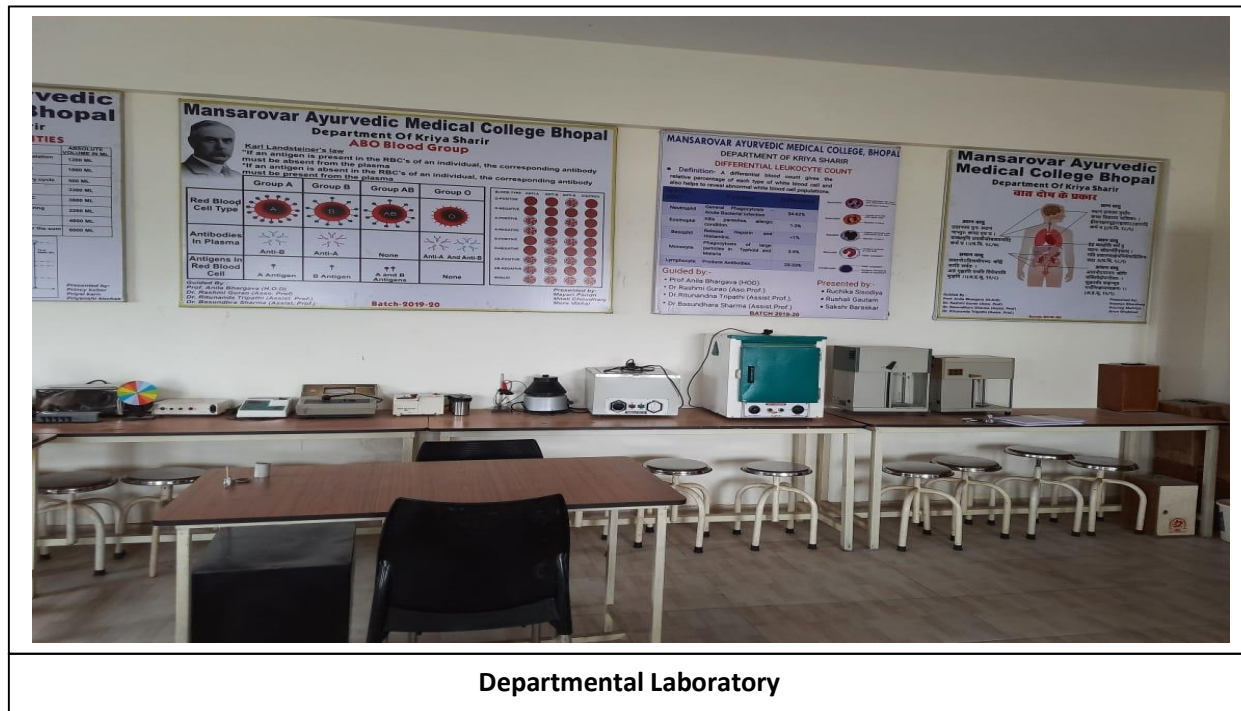
Total No. of Presentation

5



Presentation Details (Name of Seminar, Title of Presentation, Place, Date-Year)	<p>Paper presentation</p> <p>1)National seminar MAHASROTOVIVECHNAM Title-Role of microbiota in Annawah srotas WSR gut brain axis,Nagpur,4 oct 2019</p> <p>2)saundarya international conference on beauty Title-Role of probiotics in healthy skin WSR gut skin axis,NIA Jaipur,15-16 Nov 2019</p> <p>3)Sanyojnam national ayurveda youth conclave Title-ayurvedic formulations,probiotics and human health -a critical study,Bhopal,22,23,24,April 2022</p> <p>4)siddhantcon International seminar and golden jubilee Title-Role of sadvritta in mental health and psychological disorders, Indore, 17-18 Dec 2022</p> <p>5)poster presentation-Nutricon 19-20 jan 2018,Pt khushilal sharma ayurveda college Bhopal</p>
Webinar Attend	10
Total No. of Seminar Attended	12
CME Detail	1) pt khushilal sharma government ayurveda college and Research institute bhopal (M.P.)Date 1-6 August 2022. (2)National Institute of Ayurveda jaipur
Conference/ Workshops Detail	1) pt khushilal sharma government ayurveda college and Research institute bhopal (M.P.)Date 1-6 August 2022. (2)National Institute of Ayurveda jaipu
Resource Person/ Invited as a Speaker	Guest speaker-Deeksharambha 13-22 june 2022 transitional curriculum for first professional title-Institutional official,committees & their roles in hierarchy
Awards	First prize in Poem writing competition organized by NIA Jaipur(Subject-ayurveda)
Achievements	Corona warrior samman 25/01/2021

Gallery





ECG Machine Demonstration